

*At the End of the Day: A Mirror of Questions*  
by John O' Donohue

What dreams did I create last night?  
Where did my eyes linger today?  
Where was I blind?  
Where was I hurt without anyone noticing?  
What did I learn today?  
What did I read?  
What new thoughts visited me?  
What differences did I notice in those closest to me?  
Whom did I neglect?  
Where did I neglect myself?  
What did I begin today that might endure?  
How were my conversations?  
What did I do today for the poor and the excluded?  
Did I remember the dead today?  
Where could I have exposed myself to the risk of something different?  
Where did I allow myself to receive love?  
With whom today did I feel most myself?  
What reached me today? How deeply did it imprint?  
Who saw me today?  
What visitations had I from the past and from the future?  
What did I avoid today?  
From the evidence – why was I given this day?